



Smart LifeStyle Recipes

By Najwa Medina

Peanut Pate

Servings: 12

Vegan

19 ounces	Nut Loaf, canned
1 cup	Vegenaise
$\frac{3}{4}$ cup	Red onions, diced
2 tbsp.	Pickled Relish
$\frac{1}{2}$ cup	Celery, diced
$\frac{1}{2}$ tsp.	Roasted Garlic Powder
$\frac{1}{2}$ tsp.	Seasoned Salt
$\frac{1}{2}$ tsp.	Sumac (Mediterranean seasoning)
$\frac{1}{2}$ cup	Red Pepper, diced
$\frac{1}{4}$ cup	Cilantro, chopped

1. Mix all ingredients together
2. Garnish with cilantro leaves and pickled turnips
3. Use with crackers or crudités